



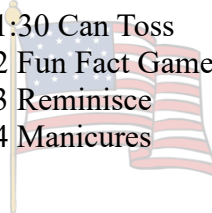

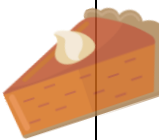





November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 Social 10:30 Chair Yoga 11 Football Toss 1 Chair Aerobics 1:30 Golf Roll 2 Questions Game 3 Horseraces 4 Music w/ Ryan	2 9:30 Social 10:30 Chair Yoga 11 Balloon Volleyball 1 Chair Aerobics 1:30 Beach Ball 2 Group Walk 3 Art Project 4 Puzzles 	3 9:30 Social 10:30 Chair Yoga 11 Bean Bags 1 Chair Aerobics 1:30 Whiteboard Games 2 About me game 3 Ring Toss 4 Movie Integrated Outing	4 9:30 Social 10:30 Chair Yoga 11 Basketball Toss 1 Chair Aerobics 1:30 Horseshoes 2 Fun Fact Game 3 Reminisce 4 Manicures
5 9 Christian Worship Hour 10:30 Chair Yoga 11 Ladder Golf 1 Chair Aerobics 1:30 Golf Roll 2 Animal Game 3 Board Game 4 Read-a-Loud	6 9:30 Social 10:30 Chair Yoga 11 Can Toss 1 Chair Aerobics 1:30 Parachute 2 Group Walk 3 Music w/ Steve 4 Whiteboard Games 	7 9:30 Social 10:30 Chair Yoga 11 Football Toss 1 Chair Aerobics 1:30 Beach Ball 2 First Letter Game 3 Bingo 4 Coloring	8 9:30 Social 10:30 Chair Yoga 11 Balloon Volleyball 1 Chair Aerobics 1:30 Golf Roll 2 Questions Game 4 Music w/ Ryan	9 9:30 Social 10:30 Chair Yoga 11 Bean Bags 1 Chair Aerobics 1:30 Horseshoes 2 Group Walk 3 Art Project 4 Puzzles 	10 9:30 Social 10:30 Chair Yoga 11 Basketball Toss 1 Chair Aerobics 1:30 Whiteboard Games 2 About me game 3 Ring Toss 4 Movie Integrated Outing	11 Veterans Day 9:30 Social 10:30 Chair Yoga 11 Ladder Golf 1 Chair Aerobics 1:30 Can Toss 2 Fun Fact Game 3 Reminisce 4 Manicures 
12 9 Christian Worship Hour 10:30 Chair Yoga 11 Can Toss 1 Chair Aerobics 1:30 Beach Ball 2 Animal Game 3 Board Game 4 Read-a-Loud	13 9:30 Social 10:30 Chair Yoga 11 Football Toss 1 Chair Aerobics 1:30 Golf Roll 2 Group Walk 3 Music w/ Steve 4 Whiteboard Games 	14 9:30 Social 10:30 Chair Yoga 11 Balloon Volleyball 1 Chair Aerobics 1:30 Horseshoes 2 First Letter Game 3 Bingo 4 Coloring	15 9:30 Social 10:30 Chair Yoga 11 Bean Bags 1 Chair Aerobics 1:30 Can Toss 2 Questions Game 3 Horseraces 4 Music w/ Ryan 	16 9:30 Social 10:30 Chair Yoga 11 Basketball Toss 1 Chair Aerobics 1:30 Parachute 2 Group Walk 3 Art Project 4 Puzzles	17 9:30 Social 10:30 Chair Yoga 11 Ladder Golf 1 Chair Aerobics 1:30 Whiteboard Games 2 About me game 3 Ring Toss 4 Movie Integrated Outing	18 9:30 Social 10:30 Chair Yoga 11 Can Toss 1 Chair Aerobics 1:30 Horseshoes 2 Fun Fact Game 3 Reminisce 4 Manicures

<p>19 9 Christian Worship Hour 10:30 Chair Yoga 11 Football Toss 1 Chair Aerobics 1:30 Horseshoes 2 Animal Game 3 Board Game 4 Read-a-Loud</p>	<p>20 9:30 Social 10:30 Chair Yoga 11 Balloon Volleyball 1 Chair Aerobics 1:30 Can Toss 2 Group Walk 3 Music w/ Steve 4 Whiteboard Games</p>	<p>21 9:30 Social 10:30 Chair Yoga 11 Bean Bags 1 Chair Aerobics 1:30 Parachute 2 First Letter Game 3 Bingo 4 Coloring</p> 	<p>22 9:30 Social 10:30 Chair Yoga 11 Basketball Toss 1 Chair Aerobics 1:30 Golf Roll 2 Questions Game 3 Horseraces 4 Music w/ Ryan</p>	<p>23 Thanksgiving 9:30 Social 10:30 Chair Yoga 11 Ladder Golf 1 Chair Aerobics 1:30 Beach Ball 2 Group Walk 3 Art Project 4 Puzzles</p> 	<p>24 9:30 Social 10:30 Chair Yoga 11 Can Toss 1 Chair Aerobics 1:30 Whiteboard Games 2 About me game 3 Ring Toss 4 Movie Integrated Outing</p>	<p>25 9:30 Social 10:30 Chair Yoga 11 Football Toss 1 Chair Aerobics 1:30 Horseshoes 2 Fun Fact Game 3 Reminisce 4 Manicures</p>
<p>26 9 Christian Worship Hour 10:30 Chair Yoga 11 Balloon Volleyball 1 Chair Aerobics 1:30 Golf Roll 2 Animal Game 3 Board Game 4 Read-a-Loud</p>	<p>27 9:30 Social 10:30 Chair Yoga 11 Bean Bags 1 Chair Aerobics 1:30 Beach Ball 2 Group Walk 3 Music w/ Steve 4 Whiteboard Games</p>	<p>28 9:30 Social 10:30 Chair Yoga 11 Basketball Toss 1 Chair Aerobics 1:30 Golf Roll 2 First Letter Game 3 Bingo 4 Coloring</p>	<p>29 9:30 Social 10:30 Chair Yoga 11 Ladder Golf 1 Chair Aerobics 1:30 Parachute 2 Questions Game 3 Horseraces 4 Music w/ Ryan</p>	<p>30 9:30 Social 10:30 Chair Yoga 11 Can Toss 1 Chair Aerobics 1:30 Horseshoes 2 Group Walk 3 Art Project 4 Puzzles</p>		

Resident Birthdays

- Meredith 11/5
- Zelda 11/10

